



Florin Sirbu

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Dubai, UAE.

Coaching Work Experience

2016-2020-University of Dubai, head football coach, Dubai, UAE

2011-2016- Adastra Football Academy, head football coach, Dubai, UAE

2010 -2011 –Ajax Amsterdam Youth Academy Project-assistant coach-Dubai-UAE

2007- 2010 –Manchester United Soccer School –football coach–Dubai-UAE

2000-2006– "Dunarea de Jos" University of Galati, Assistant Professor, football courses lecturer – Sport and Physical Education Faculty, Romania (2002-2006 detached to UAE)

1994-2002- FC Otelul Galati –Youth Football Academy, football coach-Galati, Romania

Education

2010-2012- MA in Sport Management and Physical Education, "Dunarea de Jos" University of Galati, Romania

1991-1995 - BA in Sport and Physical Education, "Dunarea de Jos" University of Galati, Romania.

-four years university degree in Sport and Physical Education, Major: Football

UEFA "A" Coaching License-awarded by the Romanian Football Federation, Bucharest, Romania, 2005

UEFA "B" Coaching License -awarded by the Romanian Football Federation, Bucharest, Romania, 2004

Publishing:

Author of the book "Total Zone Play" –Concepts: Space, Time, Shifting, Transition-available on Amazon.com, iTunes Store and Lulu.com -published September 2013.

Total Zone Play is nothing less than explaining in detail the concepts of Zone Play.

The content of the book is purely technical stuff, seen from a different perspective but inspired from three special coaches' carriers: Rinus Michels, Arrigo Sacchi and Pep Guardiola.

Total Zone Play is proposing another way of training. Zone Play does not exclude the classical approach to training and its well defined factors such as: physical, technical, tactical and psychosocial, but it takes training to another level by dissecting the game from the Space, Time, Shifting and Transition concepts point of view.

Total Zone Play makes also reference to the possession phase of play and extends the training principles of zonal defending to the attacking phase. If we can "defend" a zone we should be able to "attack" a zone, too.

Best book review: Arrigo Sacchi- "Total Zone Play is an interesting subject and very good work"-19th October 2014

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Continuing Professional Development:

- 2016- Soccerex, Manchester, Conference Center-promoting my book, Total Zone Play, to the Soccerex International Conference participants, England, UK
2014-Ajax Amsterdam Academy-Camp, Dubai, UAE
2013-Ajax Amsterdam Academy-Workshop, Dubai, UAE
2012-Ajax Amsterdam Academy-Future Cup, Workshop, Amsterdam, Holland
2011- Ajax Amsterdam Academy- Workshop, Amsterdam, Holland
2010-Ajax Amsterdam Youth Academy-Training course, Dubai, UAE
2009-Manchester United -Residential Course, Manchester, UK (August 2009)
2008- Manchester United Soccer School-Training course, Dubai, UAE
2008- Youth Coaches' Award, FA- Keele University, UK (July-2008)
2006-UEFA "A" Coaching License Course-Part 2, July 2006 session, FA Lillleshall-National Sport Centre, UK
2005-UEFA "A" Coaching License Course -Part 1, July 2005 session, FA Lillleshall-National Sport Centre, UK
2005-Fitness in Football Course-certificate awarded by the FA Learning, the Football Association-UK
2005 –UEFA "A" Coaching License-awarded by the Romanian Football Federation, Bucharest, Romania
2004 –Psychology for Soccer Course—certificate awarded by the FA Learning, the Football Association-UK
2004- UEFA "B" Coaching License -awarded by the Romanian Football Federation, Bucharest, Romania
1997- Promote to Level 2 Coaching License- football coaching qualification—awarded by the Romanian Football Federation
1995-Promote to Level 3 Coaching License-Football coaching qualification-awarded by the Romanian Football Federation

Other work experience

- 2007-to present –PE teacher, IB Curriculum-Uptown School, Dubai, UAE
2009 -to present ECA coordinator, Uptown School, Dubai, UAE
2004-2007 -Head of P.E. Department, Football Activities Coordinator, ISC- Sharjah, UAE
2002-2004 -Football Activities Coordinator, ISC- Sharjah, UAE
1999-2002-Associate Assistant Professor-Sport and Physical Education Faculty-University of Galati, Romania
1995-1999-PE Teacher, Art high school, Galati, Romania

Teaching/Coaching Continuing Professional Development

- 2009-Emergency and Basic First Aid, St. John Ambulance, Dubai, UAE
2009- AUSTSWIM-Teacher of swimming and water safety, AUSTSWIM, Dubai, UAE
2010- International Baccalaureate, PYP, 2E, Teaching and learning in the PYP, IB, Dubai
2012-National Rescue Award for Swimming Teachers and Coaches, Royal Life Saving Society UK, Dubai, UAE
2014-International Baccalaureate Certificate of Inquiry Assessment in PYP, IB, Dubai, UAE
2015-International Baccalaureate, Making PYP happen in the classroom, IB, Dubai, UAE
2015-HABC- Level 2 International Award in Emergency First Aid, Defibrillation and CPR, Highfield, Dubai, UAE
2015-International Award in Swimming Pool Safety, Highfield, Dubai, UAE
2016-International Baccalaureate, Role of Physical Education in PYP, IB, Dubai, UAE
2017-International Award in Swimming Pool Safety-Highfield, Dubai, UAE
2018-Refresher course-HABC-Level 2 International Award in Emergency First Aid, Defibrillation and CPR, Highfield, Dubai, UAE
2018-Safeguarding Level 1, Level one Safeguarding training-Uptown School, Dubai, UAE



Additional Experience:

- 2019-present Football Connector, General Manager, Dubai, UAE
- 2013- Portuguese Football Federation- Workshop, Dubai Sports Council, UAE
- 2013-Top teams preseason, observing Steaua Bucharest training sessions, St. George training facilities, England, UK.
- 2012- Spanish Football Federation -Workshop, Dubai Sports Council, UAE
- 2011-Globe Soccer Conference- Dubai 28th -29th December 2011
- 2010- Champions League preseason camp- attending/observing FC Unirea Urziceni training camp-Saalfelden, Austria
- 2009-International Conference"Xavier Clemente" Spanish football, Bucharest, Romania
- 2006-International Conference-"Professionalism in football", Dubai, UAE
- 2001 - International Session-"Healthy Sport" with the debate "Team Building"-Bucharest, Romania
- 2000- International Football Tournament –Enschede, Holland
- 2000-2001 -Member of National Soccer Coaches of America
- 1999 -two weeks- International Football Tournament -Rouen-France
- 1998 -two weeks - football internship –Lincoln, Nottingham, UK
- 1998 -International Coaching session-(special guest Rinus Michels)-Bucharest, Romania
- 1998- 2000-Member of Football Coaches Association-UK-(F.A.C.A.)
- 1997 -qualified for the Final National Football Competition - (Under 12)
- 1995 -awarded first rank- Students Science Session, Dunarea de Jos" University of Galati ,Romania with theme: "Classic condition-Instrumental condition in football"

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