



# SEBASTIAN BOWLES

BORN 18.10.1978 (41 YRS)

UEFA A- LICENCE CANDIDATE

FOOTBALL COACH



- U17 2nd Division Champions
- 3 Promotions
- 4 Development players signed for the 1st team ( FC Haka, Finnish Premier League)

## COACHING QUALIFICATIONS

### Coaching Qualifications:



**UEFA A** (Scottish FA, in progress) 2020-2021



**UEFA B** (Finnish FA) 2018



Ajax Training Coach Program 2016

### Languages:

English	Fluent
Finnish	Fluent
Swedish	Adequate
German	Basic
Spanish	Basic
French	Basic

### Contact:

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## COACHING CAREER AND KEY ACHIEVEMENTS



Two U20 players signed for the First Team Squad

2019-2020

Two U20 players signed for the First Team Squad

2018-19

**Promotion to U20's Premier League**

2018-19

**Promotion to U20's First Division**

2018-19

**FC Haka U20 Dev Squad Head Coach**

2018-

**Promotion to U17's First Division**

2017-18

**U17's Second Division Champions**

2017-18

**FC Haka U17 Dev Squad Head Coach**

2017-18

FC Haka U17 Dev Squad Assistant Coach

2015-17

## REFERENCES

**Teemu Tainio** , 1 Finnish First Division Championship, Head Coach FC Haka, Finnish Premier League:



*As Head Coach of FC Haka, I am pleased to give Sebastian Bowles my highest recommendation as I believe him to be one of the top coaching prospects at our club.*

*Having seen him guide the U17's and U20's to three promotions and*

*one championship while developing 4 players to the first team is a great achievement.*

*Sebastian has helped me with 1st Team coaching and has shown professionalism, excellent man-to-man skills, a strong understanding of the technical, tactical, physical and mental aspects of the game and I can warmly recommend him for the role he is applying for.*

**Keith Armstrong** , 9 Finnish Premierleague Championships, 3 Finnish Cup Trophys, Coach SJK, Finnish Premier League:



*I have known Sebastian both as a coach, and as a friend, for around 5 years.*

*I find him to be hard-working and honest, both as a coach and a friend, but also with a hunger to better himself as a coach and a person, whenever possible.*

*Apart from developing himself, he has developed young players over the past few years. Some up to first team level in the club where I have been first team coach, FC Haka, who now play in the top level in Finland.*

*Based on my experience of Sebastian, I can confidently recommend him for the role that he is applying for.*