Football Coaching CV.

**Joseph Ako**

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**PERSONAL PROFILE STATEMENT**

I am a hardworking and motivated football coach who has acquired extensive knowledge in the field through the study of Football coaching and performance at degree level and previous work experience in coaching. Additionally, I have strengthened my skills in the work environment with over 3 years of coaching experience in grassroot, amateur and professional clubs.

I may go back to university in September 2020 to study for the pgce.

**EDUCATION & QUALIFICATIONS**

**University of South Wales –September 2016- June 2019. BSc Football Coaching and Performance**

**Relevant Modules:**

>Strength and Conditioning., Football Psychology, Managing football in the community, Work based Placement, Performance Analysis, Introduction to Sport Science, Academic Research and Professional skills. Performance Football Coaching. Dissertation ( An investigation into the under-representation of Black football managers in English Professional football). 2019

**Bilingual Grammar School Molyko, Cameroon 2004-2006 - GCE Advanced Levels** 2006

**Bilingual Grammar School Molyko, Cameroon 1999-2004 - GCE Ordinary Levels .** 2004

Skill

Computer skills

Knowledge of Sport code

Good Communication Skills

Fluent in English, Average French

 Other Qualifications.

FA Level 1 (football coaching) 2016

Emergency First Aid 2016

Safeguarding certificate 2016

FAW Level 1 Goalkeeping Award 2017

FAW C Certificate (Level 2 football coaching) 2017.

 FA Level 1 Talent Identification 2018.

* UEFA B Licence 2019.
* BSc Football Coaching and Performance June 2019.

**WORK EXPERIENCE.**

**First team coach/ Reserves Manager at Lebeq United, Bristol. July 2019 -Present.**

Lebeq united is an adult football club competes in the Toolstation Western League Division one while their Reserve team competes in the Bristol Combination Premier Division.

* I am first team coach and Reserves manager.
* I plan and deliver challenging football sessions for both the first team and Reserve players.
* It is my responsibility to contact players about upcoming games and to select the squad for the Reserves team.
* I manage the Reserves team on match days.
* I worked closely with the administrative unit of the club.
* It is my responsibility to recruit new players.

**Reserves Manager Fishponds Old Boys June 2018-May 2019.**

Fishponds Old boys is an amateur adult football club competing in the Bristol Suburban League.

* I created and delivered football coaching sessions to the players.
* It was my responsibility to contact players about upcoming fixtures and to take their availability for Saturday games.
* I selected the squad and managed the Reserves team on match days.
* I worked closely with the administrative unit of the club.
* It was my responsibility to recruit new players and to have them registered with the club and the local FA.

**Assistant Football coach, Bristol Central Football Youth Academy Oct 2016 to April 2019.**

A grassroot football club competing in Avon Youth League

* I assisted the head coach with the under 12 players during coaching sessions.
* I did warm up with the players while the Head coach sets up the session.
* I created and delivered football coaching sessions.

**Football Coach Newport County Development Foundation Sep 2016 to Sep 2017**

* I created and delivered coaching sessions to under 9 players.
* I reported the progress of the players to the head of the Development Foundation.
* Other administrative duties included registration of new players.

**INTERESTS.**

Music (Afrobeat)

Playing and watching Football.

I read novels in my free time.My best author is John Grisham.

**REFERENCES.**

Available on request.